

Introduction

At Sephorah Beauty Spa our aim is to offer the highest standards in beauty therapy treatments.

With 21 years experience our specialists are dedicated to recognising each individuals special needs, offering you professional help and advice.

Escape in beautiful surroundings, Sephorah is set within the picturesque Oak Royal Hotel, Golf and Country Club ... so relax and enjoy your experience with us, your beauty is in our hands.

We want you to feel relaxed and indulged - it's time to unwind!

Spa Day Packages

All Gift Vouchers at Sephorah Beauty Spa are provided in Card Presentations.

We have put together some of our most popular services.

Half Day of Beauty

Gift Voucher 1 £99.00

ELEMIS MINI FACIAL
OPI NAIL & HAND TREATMENT
OPI SPA PEDICURE
AROMATHERAPY BACK MASSAGE
EYEBROW RESHAPE & EYELASH TINT
ALLOW 4 HOURS

Gift Voucher 2 £49.00

SPECIALISED BABOR FACIAL
AROMATHERAPY BACK MASSAGE

Spa Day Packages

Gift Voucher 3 £59.00

OPI HAND & NAIL TREATMENT
OPI DELUXE SPA PEDICURE
EYEBROW RESHAPE & EYELASH TINT

Pure Relaxation Full Spa Day ... £150.00

SPA STRENGTH BODY TREATMENT
BABOR SHI-TAO HOT STONES MASSAGE
BABOR SPECIALISED FACIAL
MANICURE & PEDICURE
EYELASH TINT & EYEBROW SHAPE MAKE-UP

Glam & Go £49.95

MAC MAKEOVER
OPI MINI GEL POLISH (HANDS & FEET)
EYEBROW & EYELASH ENHANCEMENT

Packages for Special Occasions

Mums to be £49.00

This is an ideal package for an expectant mother in which to indulge, in preparation for the new arrival. This two hour pampering session will include an eyelash tinge and brow shape. OPI hand and nail treatment, a leg, foot and ankle massage finished with an OPI reviving pedicure including polish of your choice.

Wedding Bliss - Your Special Day ... £129.50

BEAUTIFUL BRIDE

What is more important than looking and feeling 100% on your 'Special Day'? This special wedding package is split into two visits to the salon: The first in preparation for the big day, the second on the day.

THE FIRST VISIT CONSISTS OF:

- ~ BABOR EXPRESS FACIAL & EYEBROW SHAPE & EYELASH TINT
- ~ AROMATHERAPY BACK MASSAGE
- ~ OPI DELUXE HAND & NAIL TREATMENT
- ~ OPI SPA PEDICURE ~ A PRE MAKE-UP TRIAL

THE SECOND VISIT CONSISTS OF:

- ~ MAKE-UP APPLICATION

Allow 3 1/2 hours for first visit and 45 minutes for second visit.

Refreshments will be served throughout.

Treatments can be changed to suit individual needs.

Prom Packs available from £59.95

- ~ GEL POLISH MANICURE ~ MAKEOVER & LASHES
- ~ EYEBROW SHAPE

Nails

A coating can be applied over natural nails to strengthen and condition them or a french white extension can be sculptured to short or bitten nails which will encourage them to grow underneath.

To maintain your nails, In-fills are required every 2-3 weeks depending on the rate of growth of your own nails.

~ WE OFFER A COMPLIMENTARY SINGLE NAIL ~

ACRYLIC NAILS	£35.00 - £40.00
IN-FILLS	£25.00 - £30.00
COATINGS	£35.00
REBALANCE: natural/white	£35.00
REPAIR PER NAIL	£4.00
REMOVAL OF EXTENSIONS	£25.00
<i>includes express hand and nail treatment</i>	
TIDY AND POLISH	£20.00
GEL NAILS	£35.00 - £40.00
GEL NAILS (IN-FILLS)	£25.00 - £30.00
COATINGS	£35.00
REBALANCE: natural/white	£35.00
REPAIR PER NAIL	£4.00
REMOVAL OF EXTENSIONS	£25.00

includes express hand and nail treatment

Our nail extensions are of the highest quality leaving no damage to your natural nail underneath. You can choose from gel nails which are very light and flexible or acrylic nails which are natural and harder wearing.

Hand & Nail Treatments

OPI SPA HAND & NAIL TREATMENT £25.00
application of polish included

OPI EXPRESS HAND & NAIL TREATMENT £20.00

OPI FRENCH HAND & NAIL TREATMENT £25.00
A natural white finishing touch to the nails. Ideal for brides and special occasions.

OPI AMERICAN HAND & NAIL TREATMENT £20.00
A natural cream finishing touch to the nails.

OPI GEL POLISH £16.00

OPI GEL MANICURE £26.00

OPI gel is a glossy hard wearing gel polish that can last between 10-14 days. Perfect for holidays, no chipping and very durable. No need to use UV light, no removal required, quick and easy to take off, just like normal polish and no lasting damage to the nail plate.

FILE & POLISH £14.00

RE-POLISH £10.00

FRENCH POLISH £12.00

AMERICAN POLISH £12.00

NAIL ART ON ALL NAILS £15.00

GEMS & JEWELS start from £1.00

NAIL TRANSFERS start from £1.00

The Waxing Spa

Tea-Tree cream wax is a very gentle wax, giving the smoothest and most painless treatment for even the most sensitive areas. Regrowth is fewer, finer, weaker and lasts up to 6 weeks.

FULL LEG WAX	£25.00
3/4 LEG WAX	£22.50
HALF LEG WAX	£20.00
BIKINI LINE	£15.00
HOLLYWOOD WAX	£35.00
BRAZILIAN WAX	£25.00
FULL ARM WAX	£17.00
FOREARM WAX	£13.00
LIP OR CHIN WAX	£7.50 - £8.50
EYEBROWS	£6.50 - £8.50
UNDERARM WAX	£10.00

Holiday Package

½ LEG, UNDERARM, EYEBROW, BIKINI	£35.00
FULL LEG, UNDERARM, BIKINI, EYEBROWS LIP & CHIN	£45.00

OCCASIONAL MAKE-UP £45.00
Excellent for a special occasion or just a treat - includes a mini-facial.

MAKE-UP LESSON £40.00
A professional way to update your application techniques.

BRIDAL MAKE-UP P.O.A.
Includes rehearsal. Our highly experienced Mac Make-up Artist uses all Mac products giving fantastic long lasting results for your Special day.

Eye Treatments

A permanent mascara treatment - wake up with beautiful eyes! Lasts up to 6 weeks. A skin test is required 24 hours prior to treatment.

EYELASH TINT	£13.00
BROW TINT	£9.00
EYELASH & BROW TINT	£20.00
EYEBROW TINT & WAX	£16.00
EYEBROW RE-SHAPE	£8.50
EYEBROW TRIM	£7.50
SEMI-PERMANENT EYELASHES	from £20.00
EYELASH PERMING (45 mins.)	£30.00

Extend the length and thickness of your eyelashes with this simple procedure that lasts up to 8 weeks - includes eyelash tint.

Sensational Eye Treatment

This treatment begins with a gentle cleansing around the eye area and face - soothing and refreshing the skin. A Babor eye massage intensely moisturises, minimising fine lines and wrinkles. This enhances the visible effect of the treatment, leaving the eye area looking smoother and more radiant.

SENSATIONAL EYE TREATMENT	£20.00
INCORPORATED IN ANY FACIAL	£12.00

Holistic Therapy

A range of invigorating massages to help relieve aches and pains and promote a feeling of general well-being.

SWEDISH MASSAGE (1 hour) £33.00

FULL HEAD & BODY MASSAGE £38.50

1½ hours - pure relaxation

FULL BODY MASSAGE (1 hour) £33.00

BACK MASSAGE (30 mins) £23.00

NECK, SHOULDER &
CHEST MASSAGE (30 mins) £23.00

FACE, SCALP &
SHOULDER MASSAGE (30 mins) £23.00

LEG, FOOT & ANKLE MASSAGE £23.00

½ hour - to increase circulation and help rid toxins from the thigh areas. Ideal for cellulite problems.

INDIAN HEAD MASSAGE £25.00

The perfect antidote to stress - will also help to reduce sinus congestion, eyestrain, jaw ache and congestion.

BABOR SHI-TAO HOT STONES £48.00

Indulge in this pure relaxation treatment, rejuvenate and revive your senses to escape the stresses and strains of everyday life. Shi-Tao hot stones are used to massage over certain areas of the body.

Aromatherapy is a truly holistic therapy using pure essential oils to suit each individual needs. An extremely relaxing treatment.

AROMATHERAPY INTENSIVE MASSAGE (1½ hrs) £38.50

AROMATHERAPY FULL BODY (1 hour) £33.00

AROMATHERAPY BACK TREATMENT (½ hr.) .. £23.00

AROMATHERAPY FACIAL TREATMENT (1 hr) . £33.00

Includes scalp, neck, shoulder and chest area) A relaxing aromatherapy customised facial. Rich in plant extracts and essential oils, created specifically to meet your skin needs.

Sienna Tanning Treatments

Spray Sienna
£30.00

Sienna Tan is popular with celebrities.

Everybody feels better with a tan and now you can have a natural bronzed glow all year round, using Sienna.

This treatment can last up to 7 days.

When attending your appointment for a tanning treatment you are advised to wear loose dark clothing and underwear and loose slip-on shoes.

The treatment stays on for a minimum of 8 - 12 hours in which time you leave the salon and then shower at home.

Facial Treatments

*Individual skincare
for every woman's personal beauty*

Every woman has her own natural beauty that needs to be individually awakened and cared for - with skincare treatments that are perfectly tailored to the specific needs of her skin type and skin condition.

BABOR CARE SYSTEM GOLD provides an absolute gold standard in individual care..

The combination of valuable natural active ingredients and modern science creates a range of solutions that lend new radiance to your skin.

Discover your perfect individuality and experience harmony with the four innovative skincare systems in SKIN CARE SYSTEM GOLD.

VITA BALANCE £34.00

Valuable moisture and intensive care for dry skin.

With the DEEP MOIST COMPLEX for double intensive hydration.

CALMING SENSITIVE £34.00

Gentle care and reliable protection for sensitive skin with the triple-action ANTI-IRRITATION COMPLEX to calm, relax and stabilize your skin.

PERFECT COMBINATION £34.00

Balancing care for oily combination skin with the REFINING COMPLEX for visibly refined and softer skin.

ADVANCED BIOGEN £34.00

Renewed vital energy for tired, stressed skin with the BIOGEN REPAIR COMPLEX II and restructuring essences.

ELEMIS MINI FACIAL (30 MINS) £25.00

Teeth Whitening

£235.00

This system has been developed using an LED light to activate a specially designed cleaning gel.

It allows both upper and lower teeth to be whitened at the same time in just one hour.

The procedure is totally safe and painless.

Teeth are guaranteed to be whiter after one session by up to 10 shades!

The results can last for years dependent upon your lifestyle.

RESTYLENE *available on request*

Specialised Facials

Q10 Facial

Smooth away the tracks of time with this hard working facial. Co-enzyme Q10 and Collagen effectively reduce the appearance of fine lines and wrinkles to give you a more youthful appearance.

Q10 FACIAL £38.00

Collagen Biomatrix (99%) Collagen

This treatment is ideal if the skin is very dry and looking natural moisture. A special fleece mask will intensely moisturise the skin. Also minimises fine lines and wrinkles and promotes collagen giving the skin a youthful appearance.

Biomatrix creates a sort of second skin which enhances the skins ability to absorb active ingredients.

A course of six intensive will significantly improve the condition of the skin.

COLLAGEN BIOMATRIX FACIAL £38.00
COURSE OF SIX £190.00
(RECEIVE ONE COURSE FREE)

Semi-Permanent Make-Up

Semi-permanent make-up is the application of coloured pigments to enhance your appearance by mimicking perfectly-applied make-up.

Suitable for people who want to look their best at all times!

Eyebrows

SCAR IN BROW £100.00
PART BROW £200.00
NATURAL HAIR/BROWS £375.00

Eyeliner

LASH ENHANCEMENTS £375.00
(Tiny dots mimicking lashes)
THIN NATURAL EYELINER £395.00
THICK INTENSE EYELINER £450.00

Beauty Spot

CHEEK OR ABOVE TOP LIP £100.00

Lips

FINE NATURAL LIP LINER £300.00
THICK DEFINING LIP LINER £350.00
LIP BLUSH £450.00
(Full colour to create a natural look)
LIP BLUSH & LIP LINER £495.00

All treatments include a free retouch appointment four weeks after the initial procedure to enable us to achieve the most amazing results!

Mens Treatments

SPECIALLY DESIGNED FOR THE MEN
IN OUR LIVES!

CHEST WAX	£15.00
BACK WAX	£15.00
EYEBROW WAX	£6.50
BABOR FACIAL	£32.00
SWEDISH BACK MASSAGE	£23.00
SWEDISH FULL BODY MASSAGE	£33.50
BABOR SHI-TAO HOT STONES MASSAGE ..	£48.00
OPI HAND & NAIL TREATMENT	£20.00
OPI EXPRESS HAND & NAIL TREATMENT ..	£13.50
OPI EXPRESS SPA PEDICURE	£25.00
OPI DELUXE SPA PEDICURE	£35.00
SPRAY TANNING	£30.00

Gift Vouchers Available!

Specialised Body Treatments

BODY WRAP £30.00

This treatment helps to achieve inch loss, cellulite reduction and minor weight loss and will also help to keep the inches off. Followed by a healthy diet and exercise.

SPA - STRENGTH BODY TREATMENT £20.00

The mineral-rich exfoliating SALT SCRUB SOUFFLE from our 'GET FRESH' range combines dead sea salts, minerals and nourishing clay. Purifying lemongrass and lavender essentials are added for moisturisation. This lubricant exfoliant is really effective on dry scaly skin and leaves skin smooth, soft and silky.

BABOR CELLULITE TREATMENT £48.00

Course of 6 (recommended) Receive 1 Free! £240.00

This treatment is designed to stimulate the circulation of the metabolism, eliminating unwanted toxins. Finished with a massage which leaves the skin feeling firm.

BABOR BREAST CONTOURING TREATMENT

..... £48.00

A refreshing treatment to firm the bust. Increases elasticity, stimulates the circulation and regenerates the skin.

Foot Treatments

PARAFFIN WAX £13.00

This paraffin wax treatment is designed for the hands and feet leaving the skin feeling soft and supple. (Excellent for hard and dry skin).

Can be included in a manicure/pedicure treatment.

OPI/DELUXE SPA PEDICURE £35.00

This pure luxurious treatment exfoliates dry dull skin cells, rejuvenating skin to a softer condition - it will renew your sense of well-being.

Includes a leg and foot massage and polish of your choice.

OPI/EXPRESS PEDICURE £25.00

An express pedicure treatment including nail file, buff and varnish followed by a reviving foot massage - leaving your feet totally relaxed.

REVITALISING LEG, FOOT
& ANKLE MASSAGE £13.00

FILE & POLISH (includes French) £14.00

TOE ART from 50p

TOE RINGS from £5.95

TOE ACRYLIC/GEL COATINGS £30.00

Little Ladies Treatments

suitable for children under 11 years of age

MINI-MISS MANICURES £10.00

Includes nail gems and jewels

MINI-MISS PEDICURES £10.00

MINI-MISS FACIALS £10.00

MINI-MISS MAKE-UP £10.00

*Ideal for Birthdays, Special Occasions or just a treat!
Perfect for the little girls who want to be pampered and feel special.
DRINKS & SNACKS INCLUDED!*

EAR-PIERCING £15.00

(Not suitable for children under 6 years of age)

Using the most up-to-date hygienic procedure with full after-care information.

A full range of plain gold or birthstones to choose from.

Customer Information

☆ Please avoid wearing contact lenses if you are having a facial, make-up lesson or eye lash tint, but if this is not possible then please bring some contact lens solution with you.

☆ Please allow allocated time for any treatment including preparation and relaxation time.

☆ Gift Vouchers are valid for 6 months. They are not transferable or refundable.

When Booking a Treatment

☆ Anyone on medication or under GP supervision should inform us of this at the time of booking a treatment.

☆ If you are booking a Lash or Brow tint and have never had one before, please let us know at the time of booking so that we can arrange a patch test for you.

☆ If you are pregnant, please let us know at the time of booking as there are treatments which are not suitable for you.

☆ For Special offers and packages please ask for any information.

A Guide to Treatment Satisfaction

☆ Avoid having a heat or ultra-violet treatment such as hot bath, sunbed or sauna 24 hours after a waxing and tanning treatment.

☆ Avoid swimming or sunbathing just before or after a waxing and tanning treatment.

IF YOU HAVE ANY OTHER QUERIES RELATING TO YOUR TREATMENT AT THE POINT OF BOOKING PLEASE ASK ONE OF OUR THERAPISTS WHO WILL BE HAPPY TO ADVISE YOU.

Cancellations

As a courtesy to other clients and therapists, please give at least 24 hours notice if you need to change or cancel an appointment.

A charge may be incurred if insufficient notice given.

Elemis Facials

The Elemis high-performance advanced skincare range has been formulated to transform the future of your skin.

TOUCH - ANTI-AGEING PRO COLLAGEN

AGE DEFY £65.00

Tackle fine lines and wrinkles for beautifully nourished, younger looking skin.

SKIN SOLUTIONS - SENSITIVE SKIN £55.00

Fragile skin is calmed and boosted with a combination of soothing ingredients.

SUPERFOOD PRO RADIANCE £55.00

The nutritional boost that packs stressed dull skin with powerfully energising and detoxifying actives.

Body Treatments

ENGLAND GARDEN OF ROSE RESTORE £85.00

(1 Hour 30 mins.)

A lavishly hydrating body massage. Body dusting and wrap using a trio of richly fragrant moisturising oils.

FREESTYLE DEEP TISSUE MASSAGE £80.00

(1 Hour 30 mins.)

A vigorous but grounding massage, tailored entirely to your needs to release stress and muscle pain.

DEEPER THAN DEEP HOT STONE MASSAGE £85.00

(1 Hour 30 mins.)

A profoundly reinvigorating hot stone massage and skin conditioning treatment.

*15 Minute
Taster Treatments*

£5.95

Eyebrow Re-shape
Eyelash enhancement
Pre-polish (includes OPI gel)
Hand & Nail Treatment
Back Massage
Facial Massage

Gift Voucher Offer

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'Glam & Go' - £59.95

Mac Make-over
OPI Gel Polish (hands and feet)
Eyebrow & Eyelash enhancement

'Deep Relax' - £54.95

Elemis Facial of your choice
Head first scalp massage